

# THE LAB ROOM

M A D R I D



Est. 1 9 9 9

## *KEY INFORMATION*

### *APPOINTMENTS*

All our treatments require a prior appointment, although you can always drop in to see if we can fit you in. If not, you can always see the periodic exhibition, or sit in our lounge and leave with renewed energy. Punctuality. This is absolutely necessary, so that no-one has to wait. Remember that you must call us to reserve a time. A credit card is required for treatments which take over 3 hours. Please ring us if you think you cannot come. 24 hours' notice is required for treatments, and 48 hours' notice for packs. Otherwise, 50% of the treatment must be paid.

### *VOUCHERS*

Although you will have to pay it all at once, if you're a Lab Room addict, you'll save 20% with a voucher for 10 treatments - don't doubt it.

### *PARTY TIME (Min. 8 pers.) Consult prices*

Stag parties? Birthdays? Divorces? Work breakfasts? Come and celebrate with your group of friends in The Lab Room. We'll hang up the "Closed" sign and you'll have a whale of a time. What better way to celebrate than with massages, manicures, pedicures, make ups, etc.? If you require catering or a DJ, we can also provide. Party time in The Lab Room

### *THE LAB ROOM GIFT VOUCHERS*

The best gifts you can give are time and happiness, 2 words which become reality in The Lab Room. The next time you have to give a present, choose one of our gift vouchers – you'll see how they thank you for it. We have personalised gift vouchers for companies. If you're fed up with traditional Christmas hampers, then ask us and we will create something much more entertaining, relaxing and original for your company.

## *MANICURES AND PEDICURES*

### *NAIL POLISH CHANGE 10€*

Why does our nail polish always get ruined when we need it most? Instead of hiding your hands, come up and see us – it will only take a few minutes.

### *URBAN MANICURE 30€*

If you don't have much time and you want your hands to be impeccable, give it no more thought. This basic manicure also comes with a mini massage for legs and arms.

### *FRENCH MANICURE 30€*

A classic, which never goes out of fashion – for your most chic engagements.

### *THE LAB ROOM MANICURE 35€*

This manicure will delight even the most demanding clients. Your hands will be exfoliated, nourished and treated with an anti-aging cream. All this is accompanied by our exclusive reflexology session for hands, with essential oils.

### *URBAN PEDICURE 35€*

With our basic pedicure, you will discover the pleasure of walking barefoot. Feet buried in the sand are a thing of the past.

### *HEAVENLY PEDICURE 40€*

A combination which will make you float. Our basic pedicure combined with an intensive reflexology session. When you put your shoes back on you'll think your feet have got wings.

### *THE LAB ROOM PEDICURE 40€*

Relax your feet in a bath of hot milk, followed by a deep exfoliation with salts and a massage with olive oil which will leave your feet as smooth as a baby's bottom. If you combine this with a good pedicure, your admirers will fall at your feet in devotion.

### *FOOT FETICHE PEDICURE by BASTIEN GONZALEZ 50€*

A true cure for your feet. We bring you the exclusive ritual developed by famous pedicurist Bastien Gonzalez to give you perfect feet with the best therapies for your feet health and the best pedicure techniques. Includes a massage in feet and legs done in one of our therapy beds.

## *BEAUTY & STYLE*

### *EYEBROW DESIGN 30€*

Some answers only deserve a raised eyebrow. Get Hollywood-ified. Our expert will study your features in order to find the most suitable expression for your face.

*Eyebrow tint 15€*  
*Eyelash tint 24€*  
*Eyelash perm 40€*

### *EYEBROW MAINTENANCE 15€*

Now that you've finally got them, you can't afford to lose them.

### *MICROPIGMENTATION HAIR BY HAIR 400€*

A state of the art technique of applying long lasting make-up via intradermal micropigmentation, replicating hair by hair delivering a natural look. The procedure takes about 2 hours and requires an additional session to fix the color.

### *EYELASH EXTENSIONS 150€*

A state of the art technique of applying individual lashes to your own natural lashes, designing the perfect eye look, and always aiming for a natural look. The procedure takes about 2 hours and lasts about 30 days.

### *EYELASH FILLING 75€-110€*

### *EYELASH TIPS 50€*

## *Hair & Make-up Bar*

A stylist just for you, in a private section of our hairdresser's salon. All our professionals' attention will be focussed on your hair – cutting it, styling it, designing a colour to suit you – all exclusively so that you become the next Pantene model.

*Style 25-30€*  
*Cut & Blow dry 45€*  
*+Styling (ironingTools) 20€*  
*Up-Dos From 60€*  
*Highlights 75- 100€*  
*Colour 55 to 95€*  
*Moisturizing treatment 30€*  
*Men's cut 25€*  
*Children,s Cut 15€*

### *PRO MAKE UP 60€*

Don't worry if your day is full of important appointments, in no time at all you will have an impact on mankind.

### *HOME MAKE UP or HOME HAIRDRESSER 120€*

In a mess and without make up? We have the magic formula in The Lab Room. Ring us on the hotline and one of our super make up artists will rush to your side with the magic wand.

### *BRIDAL MAKE UP 200€*

If you read the story in the newspaper about that bride who was left at the altar, don't worry – avoid aesthetic disasters and put yourself in the hands of one of our experts. The result will be a bride who is more divine than human. Includes Make-up test.

### *BRIDAL HAIRSTYLING 230€ Includes Hairstyle test*

### *MAKE UP COURSE 150€ (groups of 4 ask for prices)*

Do you want to learn all our professionals' secrets? Get to know your face and learn to make the most of it.

## *Massages & Rituals*

### *THE LAB ROOM MASSAGE 65€*

Next stop paradise. This personalised massage on your body, with essential oils will plunge you into a trance and you won't want to wake up! (1h)

### *RELAXING BALANCING MASSAGE 90€*

Have you got an hour and a half to give yourself the best? You deserve it – the last word in relaxing massages, your whole body will be stress-free. The bon vivant's favourite. (90mt)

### *ANTISTRESS MASSAGE 45€*

Intense massage for your back and neck. Our blend of oils will do wonders to destress your body & soul.. (45mt)

### *LUXE RELAX MASSAGE 50€*

The best massage for relaxing the entire body – don't doubt it, just treat yourself. A back, head and feet massage that will leave you like new. (1hr)

### *BACK EXPRESS 35€*

Intense massage of just the back and neck, to get rid of chronic tension and horrible knots. Our combination of essential oils will leave you floating. (45 mins)

### *PRE NATAL MASSAGE 70€*

So you can see that we haven't forgotten about you, we have come up with a massage which will soothe all the points which support the extra weight. It will stimulate your circulation, and will nourish your skin so that you aren't consumed by stretch marks.

### *ANTI-CELLULITIC MASSAGE 65€*

This massage, based on essential hazelnut, cypress, cedarwood, sage and lemon oils will not miraculously eliminate your cellulite, but if you combine it with exercise and healthy food it will work wonders (1hr). \*A minimum of 10 sessions is recommended.

### *LYMPHATIC DRAINAGE 65€*

If you are feeling bloated, don't give it any more thought. Our combination of grapefruit, lemon and lavender oils will leave you like a sylph. (1 hr). \*A minimum of 10 sessions is recommended.

### *FOOT REFLEXOLOGY 40€*

Your feet are connected to all your vital organs. If you want to improve your health, this is the massage for you. Forget all your pains in a relatively painless way. (40 mins)

### *CRANEOFACIAL MASSAGE 30€*

Forget your problems and stop feeling that your head is heavy – when you come out of this massage you'll feel like a new person. The facial massage stimulates all circulation using shiatsu pressure, returning the glow to your face. (30 mins)

### *COUPLES MASSAGE 120€*

Enjoy a relaxing aromatherapy massage in the same room with your partner, friend, mother or anyone who would like to share a great time, talking or sleeping at the same pace. It will be a great time to reconnect. (60 mins)

### *YING YANG MASSAGE 100€*

Balance your body with this massage that helps you regain your health and mental wellbeing due to its focus on relaxing the central nervous system. (90 mins)

### *BODY SCRUB RITUAL 60€*

This treatment with Dead Sea salts dissolved in a magic potion of oils will renew your cells and leave your skin as smooth as silk. After the exfoliation we will deeply hydrate your body with our oils and balms.

### *LOCALISED REDUCING AND FIRMING TREATMENT 70€*

With massage and seaweed, have the body you've always wanted; you'll get slimmer, you'll be like a top model and you'll also be very relaxed when you leave. What more can you ask for?

### *DETOX SEAWEED RITUAL 80€*

Let your entire body be wrapped up in our potion of detoxifying and slimming seaweeds. You'll feel the effects both inside and out. Then you will receive a detox massage to increase the benefits of the seaweeds.

## ***FACIAL TREATMENTS***

### *THE LAB ROOM FACIAL 70€*

People for miles around will see your face glowing after this personalised treatment. Our deep cleanse followed by exfoliation and aromatherapy facial massage is without equal.

### *SENSITIVE SKIN FACIAL 70€*

A facial for sensitive skin with our product line, emphasizing in calming and your skin with plant extracts, face pack and massage with calendula oil. If you want to get away from pollution and immerse yourself in a flower garden, don't think twice.

### *THE LAB ROOM ROSES FACIAL 80 €*

A facial that uses the power of roses to restore moisture and youth to your face. It will leave your skin glowing and radiating. It also has an exfoliating ritual on your feet and a drainage massage in arms and legs. A must if you want perfect skin.

### *CHIC PROVENCE FACIAL 80€*

A bespoke facial for balancing skin with our product line, using the power of lavender to calm, balance and detox the body. On top of the facial you will get a 30 minutes massage in your back to release tensions.

### *KOBIDO FACIAL 65€*

A fascinating Japanese ritual to have an everlasting young skin. The ideal facial to combat aging. A treatment which gives skin back its glow, based on the power of digitopuncture and ancient massage techniques that help produce collagen and firms skin.

### *FACIAL EXPRESS 30€*

A quick facial that cleanses, exfoliates and hydrates skin to give it a boost. Perfect if you are going to a Party, or recovering of an after-party.

### *EYE CONTOUR 30€*

Close your eyes and let our combination of soy, almond oil and avocado oil leave you as good as new, you'll be ready to hypnotise the world.

### *ST.TROPEZ TANNING 70€*

An tanning treatment which will give your skin a tanned, healthy tone. Celebs love St. Tropez for its beautiful tone that delivers perfect bronzed skin everytime.

#### *WAXING*

*Legs – full 30€*

*Legs – half 15€*

*Underarm 10€*

*Lip 6€*

*Arms 15€*

*Bikini 10€*

*Bikini – Brazilian 30€*

*(Only for the most daring)*

*Bikini – Hollywood 40€*

## *Just for men*

### *MILLENIUM MAN FACIAL 70€*

Forget about your worries and put your trust in us, we'll leave you as good as new. A treatment personalised to your needs will make razor burn disappear. Furthermore, we'll attack those bags and lines under your eyes with our tired eyes formula. Warning: this treatment can be addictive.

### *SPORT MANICURE 20€*

A complete treatment for the 21<sup>st</sup> century man. A basic manicure, together with a massage to alleviate tension in your hands, which comes from tennis, paddle tennis, golf and all those sports that keep you away from us. You'll leave as good as new.

### *SPORT PEDICURE 30€*

Don't think we've forgotten about you. We know our boys like a good foot massage. Forget your worries while the right pressures in your feet send powerful signals to your brain. If we also combine this with a good pedicure, you'll be the perfect man.

### *WAXING*

*Back 25€*

*Chest 30€*

*Arms 20€*

*Legs 40€*

## *The Lab Room Packs*

### *THE LAB ROOM 220€*

*The Lab Room Facial*

*The Lab Room Massage*

*The Lab Room Manicure*

*The Lab Room Pedicure*

*Craneofacial Massage*

### *PERFECT EYES (2h) 100€*

*Eyebrow Design*

*Eye Contour Treatment*

*Eyelashes Perm*

*Eyelashes Tint*



**ORIENTAL CHIC (3h and 30mt) 180€**

*Kobido Facial  
Ying Yang Massage  
Craneofacial Massage*

**JUST FOR MEN (4h) 195€**

*Luxe Relax Massage  
Sport Manicure  
Sport Pedicure  
Eye Contour  
Millennium Man Facial*

**ESCAPE EXPERIENCE 135€**

*The Lab Room or Millennium Man Facial*

*Reflexology  
Back Express Massage*

**CHIC DELUXE (5H) 260€**

*The Lab Room Facial  
Deluxe manicure & Pedicure  
Body Salt and Oil scrub  
Balancing Relaxing Massage*

**TOTAL RELAX 150€**

*The Lab Room Massage  
The Lab Room Facial  
Foot Massage*

**BRIDE TO BE - 240€**

*The Lab Room Roses Facial  
Body Oil and Salt Scrub  
French Manicure  
The Lab Room Pedicure  
Eyelashes Tint & Perm*

***The Lab Room***

*Opening hours:*

*Monday to Friday 11am to 20pm*

*Saturday from 11am to 19pm*

*By appointment only.*